

October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Nachos- Taco meat, Goey Cheese, Tostitos Chips, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	3 Chicken Patty Sandwich, Tater Tots, Fruit, Veggie and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	4 Breakfast Sandwich - Biscuit with egg, cheese, and sausage; Hash browns, Banana, and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	5 Grilled Cheese Sandwich, Cheese Tortellini in Marinara sauce, Fruit and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	6 Domino's Pizza Cheese or Pepperoni, Salad, Fruit, Dessert and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	7
8	9 Pancakes, Sausage Links, Hash browns, Fruit and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	10 Popcorn Chicken, Rice, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	11 Chicken Alfredo Sauce, Buttered Noodles, Breadstick, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	12 Cheeseburger or Hamburger, Baked Beans, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	13 Domino's Pizza Cheese or Pepperoni, Salad, Fruit, Dessert and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	14
15	16 Mini Corndogs, French Fries, Fresh Apples, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	17 Mini Maple Waffles, Hash browns, Sausage Links, Fruit and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	18 Breaded Chicken Tender Wrap with Lettuce and Cheese on Flour Tortilla, Sun Chips, Fruit and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	19 Sloppy Joes, Tater Tots, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	20 Domino's Pizza Cheese or Pepperoni, Salad, Fruit, Dessert and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	21

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
22	23 Mini Blueberry Waffles, Hash Browns, Sausage Links, Fruit and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	24 Chicken Nuggets, Tater Tots, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	25 Hotdog, Mac-N-Cheese, Fruit, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	26 Meatballs in Marinara Sauce, Buttered Noodles, Breadstick, Fruit, Salad and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	27 Domino's Pizza Cheese or Pepperoni, Salad, Fruit, Dessert and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	28
29	30 Cereal Day, Sausage Links, Muffin and Yogurt (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water	31 SPOOKY Grilled Cheese Donut, Fries, WORM Pudding, Veggies and Milk (Grades 3-8) Salad - Lettuce, Tomato, Cucumber, Cheese, Pepperoni, Crouton, 1 side, Fruit and Milk Milk Extra entree Large Water				